



## Spring into Spring!

Warm weather is here and it's time to get outside with your furry friend! This month utilizes spring colors, outdoor exercises, and new challenges to train. Compete the requirements via video to earn a title certificate and spring-themed title charm (price is \$20, shipping included in continental US only). Please remember to show the entire exercise from start (before interacting with the obstacle) to finish (after interacting with the obstacle) and ensure at least your hands are visible in the video. Open through May 31<sup>th</sup>.

1. **Catch** – Have your dog catch a tossed treat or toy.
2. **Take a Walk** of at least 0.25 mile with your dog, logged on a phone, smart watch, or fitness tracker.
3. **Balance (Two 180-Degree Turns)** – Dog walks on an obstacle at least three body lengths long, no wider than the dog's width at the shoulders, at least wrist height. Dog must perform two 180-degree turns and complete the obstacle in one attempt without stepping off.
4. **Weaves** – Dog travels at least 180-degrees around six obstacles in a straight line each no further than 9 feet (3 meters) apart, alternating sides. This must be done in one attempt; handler may move along with dog but cannot switch sides of the obstacles. Obstacles need not be all the same or the same distance apart, but agility weave poles cannot be used. Obstacles may be separate (for example, a line of shrubs or cones) or part of one larger obstacle (for example, posts that are all part of the same split rail fence).
5. **In** an obstacle where all four sides measure at least the dog's elbow height, and the width and length measure the dog's body length or less for at least 5 seconds.
6. **Roll a Ball** – Dog rolls a green, yellow, pink, or red ball at least two body lengths with their nose or feet into a target on the ground (hula hoop, box on floor made from tape, etc.).
7. **Paw Target** – Dog touches a green, yellow, pink, or red object of any size with each of their front feet individually. The target may be on the ground or held.
8. **Backwards Through** – Dog walks backwards between two obstacles at least one-half body length long and no more than 1.5 body widths apart. Dog must pass completely though without hesitating or turning around; leash may be detached if in a safe area.

Exercise is not complete until the dog's nose is past both obstacles; there are no restrictions on handler's body position.

9. **Shell Game** with three cups and a toy – Show your dog a toy then hide it under one of three cups (or flower pots, colanders, etc.). Rotate the cups around so the toy is in a different location, then have your dog find it on the first try. Hint – the toy may be scented with or contain food, and you can put holes in the cups to make it easier to smell.
10. **Outdoor Straddle** – Dog places front two feet on one obstacle and back two feet on another obstacle for at least 5 seconds. Obstacles do not need to be the same, and must be made of material found outdoors (wood, stone, etc.).
11. **Outdoor Three Obstacle Sequence** – Perform three different parkour behaviors on three objects found outdoors in a row. Objects can be natural (log, stump, rock, etc.) or manufactured (bench, picnic table, playground equipment, etc.) but cannot be placed by you for the purpose of this exercise. Exercises with a time requirement only require a noticeable pause instead of the full 3 – 5 seconds. Must be one unedited video sequence; all spotting and assistance rules apply.
12. **Ball Creativity** – Perform three different behaviors with a single ball. May be behaviors from this challenge or ones of your own design.
13. **Bonus** – Take a picture of your pup(s) with spring-themed décor.