



New Limited-Time Barkour Canine Fitness Title - Winter Wonderland!

Barkour Canine Fitness' new limited-time title celebrates the winter season with both indoor and outdoor activities! Teach your dog some new skills and compete the exercise requirements via video to earn a title certificate and winter-themed title charm (price is \$20, shipping included in continental US only). Please remember to show the entire exercise from start (before interacting with the obstacle) to finish (after interacting with the obstacle) and ensure at least your hands are visible in the video. The leash may be detached if you are in a safe area; all spotting and assistance rules apply. Open through February 28th.

1. **Four Feet On** something white at least elbow height for 5 seconds.
2. **Through** two trees (real, artificial, or potted) no more than 1.5 times the dog's shoulder width apart.
3. **Gap Jump** – Dog jumps from one obstacle to another; obstacles must be approximately the same height, wrist to elbow height, and at least two-thirds the dog's body length apart.
4. **Pivot (One Direction)** – Dog places two feet on an obstacle and makes a complete 360-degree pivot in either direction. There is no restriction on handler movement.
5. **Two Feet On** an outdoor obstacle shoulder height or higher for at least 5 seconds.
6. **Back up on to Low** – Dog starts at least one body length away from an obstacle no higher than wrist height and backs up to stand with two hind feet on the obstacle for at least 3 seconds.
7. **Roll a Snowball** – Dog rolls a primarily white ball at least one body length with their nose or feet. Bonus if the dog can direct it into a circle on the ground or soccer net.
8. **Around (Both Directions)** – Starting near either of the handler's sides, the dog must travel at least two body lengths away and make a 180-degree turn around an object in either direction before returning to the handler. This must be completed in both clockwise and counter-clockwise directions, but can be done at separate times and edited into one sequence.
9. **In** an obstacle with four sides where the width and length measure the dog's body length or less for at least 5 seconds.
10. **Under** an obstacle shoulder height or lower in both directions.
11. **Creativity** – Perform two different previous behaviors (1-10) on a single **new** obstacle. **All previous height/width/length restrictions apply.**
12. **Three Obstacle Sequence** – Perform three different previous behaviors (1-10) on three **new** obstacles in a row. **All previous height/width/length restrictions apply.**
13. **Bonus** – Take a picture of your pup(s) with winter décor, either indoors or outdoors.